Give up the Bootie! Anal Play 101

Taught by Rain DeGrey

Step one:
Get the butt clean. Chose what method works best for you.
Either by timing, squeeze bottles, enema bags or a shower attachment sure shot.

Dark/black towels are your friend when it comes sex. Doubly so when it comes to anal play.

Choose a lube that works best for you. You may need to do some experimenting. Many stores carry sample sizes so that you don't have to commit to a full bottle size before you figure out your favorite lube.

Start slow! Very slow. A light touch can be very arousing, particularly when combined with a blowjob.

Rimming:

Don't knock it until you have tried it. Rimming can feel amazing. Mind-blowing. Who was the bold person to come up with that one?!

Prostate massage:

Get to know the butt you are working with. Prostates are the male equivalent of a woman's g spot, and they work differently for different people.

Butt plugs:

Butt plugs come in so many different shapes and sizes that I could teach a whole class on them alone. Glass, metal, plastic, electrical, plugs that lock into place, the possibilities are endless.

Strap-on/pegging:

My favorite when it comes to anal play. What is not to love? Strap-on play is what comes to mind when most people think of anal play.

Fisting:

Fisting is the PhD of anal play. Not everyone can go there. More power to you if you can.